

Kenneth W. Goewey
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Year by Year Biography
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- 1937 Born 3/35 in Albany, N.Y.
- 1954 Graduated High School
- 1955 1 year Siena College Pre-med (Biology favorite course)
- 1958 2 year Associates Degree/Advertising, Art & Design, SUNY. Farmingdale Honorable mention N.Y. Art Directors' Guild Annual Test campaign for 2 & 4 year schools. First award for SUNY, Farmingdale
- 1959 U.S. Army
- 1960 Freelance artist NYC
- 1960 Start Ken Goewey Dodge in October as V.P. with mother/father
- 1961 Married JerrieAnn McEvily (four children - KC, Bryan, Tint, Kate)
- 1972 Developed the award winning '72 Dodge Colt to introduce Colt model to US buyers with Dodge Factory support. Goewey family first successful racing enterprise.
- 1972 Made First Marriage Encounter Weekend.
- 1973 KW and JA became regional directors of Marriage Encounter. Served on National Board.. KW and JA become Family Life Directors for Roman Catholic Diocese of Albany, N.Y. which covers 14 counties in upstate N.Y. 500 volunteers Recruited and trained and maintained.
- 1978 KW & JA on National Board of National Association of Catholic Family Life Ministers. Collaborated on 1 book. Wrote 1 book.. Produced TV show For Diocese. Served 5 years on National Conference Committee - all Volunteer staff (no consultants used)
- 1979 Became first Electric Car dealer in NYS for Commute Car of Sebring, FL
- 1984 After a fire totaled our dealership in Troy, I was General Contractor for redesigning and rebuilding the business.
- 1988 Made decision to hire consultant for marketing and TV advertising who instituted the household phrase "Ken Goewey. What A Guy" that endures until the present.
- 1990 Brother, Stephen Goewey, M.D. gets Lymphoma - starts Alternative Therapies. He met with Dr. Bernie Siegel. My research starts.
- 1991 Sold Ken Goewey Dodge to son Bryan
- 1991 Started Alternative Cars and Trucks (wholesale vehicles) to present
- 1994 Became a certified builder- NYS Energy Smart Home Systems. Built first energy Smart Home in Rensselaer County. Became a panalized home dealer for Barden Homes, a NYS builder of factory built panels.
- 1996 Retired as Family Life Director
- 1997 Attended Skip Barber Racing School. Obtained racing competition license.
- 1998 Purchased 1947 Hillegas V60 Midget race car

- 1999 Capital District Clean Communities. Founding board member.
HVCC grant for CNG Station on campus for school vehicles.
HVCC 1998 Director of College entry In NESEA Tour de Sol
- 2000 Joined ACOT (Atlantic Coast Old Timers Racing Club) to race.
- 2001 Became event coordinator booking events at tracks in NY, PA and New England area.
- 2005 Became webmaster for ACOTNews.com. In process of re-doing site.
- 2005 Through online search for alternative therapies for J.A. two chronic diseases: Diabetes & Small airways disease/emphysema came to Andrew's sited Doctoryourself.com
- 2005 In May, purchased 10 "DoctorYourself" books to give to family and friends.
- 2005 In June, met Andrew and connected with Norman Goldflnd, his publisher.
- 2005 In process of developing Albany, NY. Regional Wellness Conference to create annual educational model for wellness for individuals/groups and to market self-educational books on wellness.
- 205 October - produced and directed 1st Wellness Forum. 23 local practitioners, jazz band. DVD/VHS of Forum. 4 months from start to finish.
- 2006 Hospitalized with staph infection to right shin. Persuaded primary doctor to prescribe IV vitamin C by visiting nurse at home when allergic reaction to intense anti-biotics stopped their use.
- 2006 Mid year revitalize Alternative Cars & Trucks, my wholesale vehicle business. To address the gas crisis and sell units with quick turnover and profits.
- 3006 Dec, 26, hit by a car while crossing city street on foot. Two fractured ankles. Used nutrition, electrical stimulation, a healer and rehabilitation to create a fast recovery to date. Still working on left ankle, right has completely healed.
- 2007 Became a founding member and potential board member of a statewide association of holistic practitioners. This will add to the website www.wellnessjourney.org. to educate consumers and consult with them regarding less invasive practices.
- 2007 Responded to e-mail from Saratoga Auto Museum looking for late 60's early '70's vehicles for the movie "Winter of Frozen Dreams"?
- 2007 Feb. Two vehicles, a '74 Dart Swinger and a '68 Polara convertible were chosen to appear in the movie.
- 2007 March - Chosen for a speaking role of Desk Sergeant in "Winter of Frozen .Dreams". Scene shot on 3/5/07, my 70th birthday. Cars appear in a total of 20 scenes in the movie.
- 2006 Joined mixed choir at St. Henry's RC Church in Averill Park, NY
- 2006 April ~ JA given 6 months to live by pulmonologist
- 2007 Begin sessions with energy person Randy Oppitz; 1st visit so weak both Randy and I had to lift her from wheelchair to the table. That began a road back to recovery after being in a death slide
- 2007 Continued sessions with Randy. Went from 3x a week to 2x a week. Also ran business, raced, planned meals, shopped and cooked meals
- 2008 JA had 2 visits to the "White Light". 1 being the severe bronchial infection requiring intensive care for 10 days. 2 being over injected with insulin and going into a diabetic coma for 10 hours. This was a long hard journey to regain former self; going to Randy 1x a week
- 2009 Jan - JA aspirated broken tooth into lung. Lung's defense was mucous and - intense coughing spells. She grew weaker and weaker

- 2009 Mar - The tooth aspiration was not discovered until mid March. March 3 1st visit to Randy brought news that she would pass soon.
- 2009 Apr - On April 4th after engaging hospice and morphine, JA passed early that morning. Just 4 days short of our 48th wedding anniversary. We both had done all we could. The fight was over. Her dad appeared and beckoned JA to go to him and be with God. Her work here was finished.
- I learned doctors only know what they are taught by the system. In fact much of how we live and the length of time is attitude and seeking other ways to be well. Also, belief in Self and God creates the will to go on as well as a supportive family. We had all those elements with Jerrie's passing. The opportunity for Public servant opened up.
- 2009 Apr-Attended Tea Party at Albany Riverfront Park. Passed out the plan to get the people's reaction. Realized no change can come about unless you are part of the System. Contacted Ren. City Clerk Merola and State Chairman Mondello's office. Made decision to run for governor of NYS.
- 2009 June - Started buy here/pay here division for entry level buyers who's credit is limited.
- 2009 July - Public announcement in Albany's Congress Park to run for Governor